

Advanced Anti-Adipocyte Formula with Meratrim® and Integra-Lean® African Mango Irvingia

Fight Fat With Science

Item #01509 • 60 vegetarian capsules

Meratrim® targets the mechanisms by which fat-storing cells or **adipocytes** become bloated and metabolically dysfunctional ... leading to excess fat accumulations in the belly and throughout your body.

- Meratrim® targets adipocyte (fat cell) creation.
- It impedes adipocyte growth (adipogenesis).
- And induces fat in adipocytes to break down (lipolysis).

After careful scientific analysis of numerous botanical extracts,¹ researchers identified the two species included in **Meratrim®** that target adipocytes: *Sphaeranthus indicus* flower and the **mangosteen** fruit (*Garcinia mangostana*). Optimal results were shown in studies when these two **botanical extracts** were combined.

Meratrim®'s performance in clinical studies indicates it can safely deliver impressive results. In a key study, 30 adults with difficulty maintaining healthy body weight ingested **800 mg per day** of **Meratrim®** while following a 2,000-calorie-per-day diet and were asked to walk just 30 minutes five days a week. A group of equal size was given a placebo.² After just eight weeks, the **Meratrim®** group:

- Lost **4.05 inches** of harmful belly fat (2.0 times the placebo group).
- Experienced a **2.05** drop in body mass index (BMI) (3.9 times over placebo).
- Shed **11.4 pounds** of total body weight (3.7 times over placebo).

And these improvements began to emerge after just 14 days.²

After eight weeks, the **Meratrim®** group saw a noticeable drop in **waist-to-hip ratio**,² indicating they experienced **fat loss** in the **abdominal area**, where excess fat mass is associated with serious health issues.

(Continues on the back)

New look outside.
Same quality inside.



The transition to this new look will happen over time.

Each vegetarian capsule contains:

Meratrim® Proprietary Blend..... 400 mg
[*Sphaeranthus indicus* extract (flower heads)
and *Garcinia mangostana* extract (fruit rind)]
Integra-Lean® African Mango 150 mg
(*Irvingia gabonensis*) proprietary extract (seed)

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, silica, vegetable stearate.

Dosage and use

- Take one capsule twice daily 30 minutes before meals, or as recommended by a healthcare practitioner.

This supplement should be taken in conjunction with a healthy diet and regular exercise program. Results may vary.

Caution: If you are taking blood glucose lowering medication, consult your healthcare provider before taking this product.



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They also exhibited favorably elevated levels of a hormone called **adiponectin**.¹ Adiponectin sends command signals that determine how big your fat cells get, how much they break down (lipolysis), and to what extent they are produced (adipogenesis).³

A second human clinical trial yielded similar results, confirming Meratrim®'s beneficial effects.²

Advanced Anti-Adipocyte Formula with Meratrim® also includes **Integra-Lean® African Mango Irvingia ...** which operates via additional mechanisms to combat surplus fat storage, including inhibition of *glycerol-3-phosphate dehydrogenase*,⁴ an enzyme involved in the conversion of glucose and triglycerides into adipocyte fat storage.

Integra-Lean® Irvingia is protected by U.S. Patent No. 7,537,790. Other patents pending. IGOB-131® proprietary extract is a registered trademark of Gateway Health Alliances, Inc. Meratrim® is a proprietary ingredient derived from natural plant extracts exclusively distributed by InterHealth N.I.

References

1. Poster Number 590-P. Presented at: Obesity 2011.
2. *FASEB J.* April 2011; 25:(Meeting Abstract Supplement) 601.9. Presented at Experimental Biology 2011, Washington, DC. April 10, 2011. Program No. 601.9, Poster No. A278.
3. *J Mol Med.* 2002 Nov;80(11):696-702.
4. *Lipids Health Dis.* 2008 Nov 13;7:44.

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