

Super Ubiquinol CoQ10 with BioPQQ®

*Triple-action support for cellular
energy production*

Item #01733 • 30 softgels

Super Ubiquinol CoQ10 with BioPQQ® contains **shilajit** to increase coenzyme Q10 in mitochondria plus **PQQ** to support the generation of new mitochondria in aging cells. This *three-way* mitochondrial support strategy offers the following benefits:

- 1. Ubiquinol CoQ10** • CoQ10 is required for generating optimal cellular energy. The *ubiquinol* form of CoQ10 offers superior absorption compared to the standard ubiquinone form.¹
- 2. Shilajit Complex** • PrimaVie® Shilajit has been shown to double levels of CoQ10 in the mitochondria.¹ Combining CoQ10 and Shilajit produced a **56%** increase in energy production in the brain and a **144%** increase in energy production in muscle.²
- 3. BioPQQ®** • PQQ activates genes that promote the formation of new mitochondria while boosting mitochondrial antioxidant defenses.^{3,4}

Boost energy production at the cellular level with these three key nutrients. You'll benefit your heart, brain, and kidneys ... in fact every cell in your body.

Kaneka QH Ubiquinol® is a registered trademark of Kaneka Corporation. PrimaVie® is a registered trademark of Natreon, Inc. BioPQQ® is a registered trademark of MGC (Japan).

The optimal dose of PQQ is **20 mg** each day. Members taking **Mitochondrial Energy Optimizer, Mitochondrial Basics, or PQQ 10 mg caps** obtain this optimal PQQ dose when taking **Super Ubiquinol CoQ10 with BioPQQ®**.

References

1. *Exp Gerontol.* 2006 Feb;41(2):130-40.
2. *Pharmacologyonline.* 2009;1:817-25.
3. *J Biol Chem.* 2010 Jan 1;285:142-52.
4. *Alt Med Rev.* 2009;14(3):268-77.



One softgel contains:

Ubiquinol (as Kaneka QH Ubiquinol®)..... 100 mg
PrimaVie® Shilajit fulvic acid complex..... 100 mg
BioPQQ® Pyrroloquinoline quinone.....10 mg
disodium salt

Other ingredients: medium chain triglycerides oil, gelatin, glycerin, purified water, sunflower lecithin, annatto color, beeswax, rosemary extract.

Non-GMO.

Dosage and use:

- Take one softgel daily with food, or as recommended by a healthcare practitioner.



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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.