

## Cytokine Suppress™ with EGCG

### Supports a Healthy Inflammatory Response

Item #01804 • 30 vegetarian capsules

**Inflammation** is a natural process that affects *every* cell and organ in the body. As we age, maintaining a **balanced** inflammatory response becomes increasingly critical to guarding our whole-body health.<sup>1-3</sup> Fortunately, there's something we can do to support this process at a deep molecular level.

**Cytokine Suppress™ with EGCG** provides two natural food ingredients — long used in traditional Asian cuisine and medicine — that have the ability to promote a healthy inflammatory immune response.<sup>4-6</sup>

Key constituents found in **mung beans** and **green tea** support the natural process of the immune system's inflammatory activity. This potent benefit is delivered by the novel flavonoids and other molecules found primarily in the seed coat of the mung bean,<sup>4,7</sup> and the compound EGCG (epigallocatechin-3-gallate), the major beneficial component in green tea.<sup>5</sup>

Acting together, these mung bean and green tea compounds help regulate levels, among those within the normal range, of a protein molecule known as **HMGB1**.<sup>4-6</sup> This molecule is responsible for controlling the signaling compounds known as **cytokines** that generate inflammation.<sup>8,9</sup>

The result of this beneficial modulatory support is a **healthy and balanced inflammatory response** — which is particularly important as we age.

#### References

1. *Curr Alzheimer Res.* 2007 Apr;4(2):117-22.
2. *JAMA.* 2004 Feb 11;291(6):704-10.
3. *Nutr Rev.* 2007 Dec;65(12 Pt 2):S173-6.
4. *Biol Psychiatry.* 2003 Sep 1;54(5):566-72.
5. *Immunol Allergy Clin North Am.* 2003 Feb;23(1):15-39.
6. *Evid Based Complement Alternat Med.* 2012;2012:498467.
7. *PLoS One.* 2007;2(11):e1153.
8. *Med Hypotheses.* 2006;66(3):660-3.
9. *Eur J Pharmacol.* 2012 Feb 15;676(1-3):51-6.

New look outside.  
Same quality inside.



The transition to this new look will  
happen over time.

#### Each vegetarian capsule contains:

Cytokine Suppress™ mung bean..... 240 mg  
extract (coat) [providing 24 mg vitexin,  
24 mg isovitexin]

Epigallocatechin gallate (EGCG) ..... 300 mg  
[from green tea extract (leaf)]

Other ingredients: vegetable cellulose (capsule),  
dicalcium phosphate, rice flour, microcrystalline  
cellulose, silica, vegetable stearate.

#### Dosage and use

- Take one capsule daily without food, or as recommended by a healthcare practitioner.



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