

Enhanced Super Digestive Enzymes with Probiotics

Promotes optimal digestion and GI balance

Item #02022 • 60 vegetarian capsules

Digestive enzymes are essential to the body's *absorption* and optimal utilization of food and all its nutrients.^{1,2}

Normal aging and related health issues can <u>decrease</u> production of digestive enzymes,^{3,4} resulting in a **bloated** feeling and other discomforts after eating a large meal.

Enhanced Super Digestive Enzymes provides specific *enzymes* required to support the natural reactions that break down food — demonstrated to optimize digestion and nutrient absorption.⁵⁻⁸ Here is the broad array of *enzymes* contained in this formula:

- *Protease* to help break down proteins
- *Amylase* to break down starch and short sugar chains called oligosaccharides
- Lipase to break down fats
- *Cellulase* to break down the indigestible polysaccharide in dietary cellulose
- Lactase to break down lactose

This formula also provides the added benefits of the probiotic *B. coagulans*. This *probiotic* creates a natural protective shield that resists digestion in the stomach allowing it to fully colonize in the intestines. Probiotics such as *B. coagulans* support digestive health and suppress less beneficial bacteria to improve digestive comfort. 9-10

Also available without probiotics ...

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References

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- 2. JOP. 2005 May 10;6(3):206-15.
- 3. Int J Nurs Pract. 2006 Apr;12(2):110-8.
- 4. Digestion. 1991;50:202-11.
- 5. *Gastroenterology*. 1997 May;112(5):1624-34.
- 6. J Clin Gastroenterol. 1999 Jan;28(1):3-10.
- 7. Curr Treat Options Gastroenterol. 2003 Oct;6(5):369-74.
- 8. Pharmacotherapy. 2007 Jun;27(6):910-20.
- Available at: http://www.sabinsa.com/newsroom/articles/bacillus-coagulans-probiotic-ofchoice-nutracos-march-april-2012.pdf. Accessed September 30, 2015.
- Available at: http://www.sabinsa.com/newsroom/WhitePapers/Probiotics_For_ Health_ And_Well_Being_Nutra.pdf. Accessed September 30, 2015.





One vegetarian capsule contains:

Other ingredients: microcrystalline cellulose, maltodextrin, delayed release capsule (hypromellose, purified water, gellan gum), medium chain triglycerides.

Dosage and use

coagulans MTCC5856

- Take one capsule one to two times daily prior to the heaviest meals, or as recommended by a healthcare practitioner.
- [†] Colony forming units at time of manufacture.

Non-GMO

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